



"At Smart Mind, we help leaders and teams in elite sports and business unlock their full potential."

Backed by research and hands-on experience in both fields, our performance psychologists have developed a coaching methodology centered on 7 High Performance Attitudes. This proven approach enhances well-being and increases the likelihood of sustained success."



"Every organization, team, manager, and employee operates within a unique business context."
That's why every Smart Mind project is fully customized.



We offer a broad and flexible range of services, ensuring our approach aligns with the specific needs and expectations of each client.

Our services can be combined in a Development Track or can be "stand-alone" interventions like a **keynote**, a **workshop**, **individual coaching** sessions, a **team coaching** or a **team building**.

"Our services & training programs are built to develop the 7 high performance attitudes and are tailored for different target groups"



Young Professionals

Beyond their academic background & early career experience, they gain a competitive edge by developing the 7 HPA. We empower them to navigate challenges, accelerate their growth, and build a strong foundation for long-term success.



Teams

From a good to a great team.
Our team development track is created to improve team dynamics, wellbeing and team performances.



Leaders

Leaders are made, not born.
We guide leaders (at any stage of their career) to develop and apply the 7 high performance attitudes in their unique leadership style.